

The University of Georgia Office of Security & Emergency Preparedness

Emergency Supply Kit for College Students

“GRAB AND GO!” Kit



The most common emergency threat on campus is severe weather. However, natural and man-made disasters can occur without warning. Knowing how to prepare for and respond appropriately during emergencies can save your life as well as other students, friends and family. One way students can be prepared is by putting together an emergency supplies kit. Below is a list of essential items that will add to your safety while you are a student at the University of Georgia. These “GRAB AND GO!” kit items were selected to fit in a student’s back pack for ease in packing and taking with you quickly in the event of an emergency.

The Essentials

- First aid kit – It should contain ibuprofen, aspirin, adhesive bandages, antibiotic/burn ointment, sterile gauze pads, first aid handbook, etc.
- Flashlight with extra batteries
- Radio (battery powered or crank type)
- Have extra cash and change, stored in a secure place, for emergencies
- Some form of personal identification & out-of-state contact person’s phone number, pad and pencil
- Personal Supplies (antibacterial hand sanitizer, soap, shampoo, toothpaste and toothbrush, etc.), prescription medicines, extra pair of glasses or contacts
- Metal whistle with lanyard
- Several safety light sticks (bend, snap, shake type light sticks)
- Small blanket or Mylar emergency type blanket (53 x 82.4 inches), disposal emergency poncho
- Small supply of plastic utensils and paper cups, paper plates and napkins
- Small pliers and small screwdriver
- Cell phone charger
- Ready-to-eat energy bars or non-perishable food (canned fruit or meat) and manual can opener

Reminders

- Store **bottled water** in a separate area to avoid damaging dry items in case of leakage but have ready to take with you
- Also check your emergency supplies kit every six months to ensure that none of your items have expired



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