

Preparing for Emergencies: **GRAB AND GO!**

The University Office of Security and Emergency Preparedness provides information on how to prepare a basic emergency kit. It is important to have emergency items already on hand and set aside as time is of the essence during an emergency. An emergency kit provides the basic essential items for survival initially until help is available. Emergency shelters may not be open or may be full; therefore, including personal sheltering items (i.e. pup tents, plastic sheeting, etc) would be prudent. Preparing for the unexpected will help minimize the effects of an emergency or disaster. As you read through these guidelines, consider what you can do to prepare yourself and your loved ones for a natural or man-made emergency. With a little basic planning, you can be prepared to deal with emergencies. Consider two kits; in one, include items that you would need to stay where you are and make it on your own. The other kit should be of a type that you can take with you if you have to leave the area. This brochure includes items that are readily available and can easily be stored. Take time to learn about basic personal preparedness as your survival, and that of your family, friends or coworkers may depend on it.

For additional information related to emergency preparedness, refer to the following web links:

- Department of Homeland Security - Ready Campaign
<http://www.ready.gov>
- Federal Emergency Management Agency
<http://www.fema.gov>
- Georgia Office of Homeland Security
Georgia Emergency Management Agency
<http://www.ohs.state.ga.us/>
- American Red Cross
<http://www.redcross.org>

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Office of Security and Emergency Preparedness

“Readiness Saves Lives”

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